

FACT SHEET

Category:	Religion / Christian Living / Spiritual Growth
Title:	The Four Pillars of Joy for Catholic Educators
Subtitle:	A Pocket Retreat
Author(s):	Denise Ball, EdD
Book Description:	When educators are spiritually renewed, entire school communities flourish. Catholic educators have one of the most important and demanding vocations in the Church. Beyond the work of teaching each day, they are called to form disciples, nurture young souls, and bear witness to Christ in classrooms, hallways, faculty meetings, and school communities. It is beautiful work, but it can also leave even the most dedicated teachers feeling spiritually exhausted. Veteran educator Denise Ball knows these challenges firsthand. In <i>The Four Pillars of Joy for Catholic Educators</i>, she draws on the timeless wisdom of St. Ignatius of Loyola as well as on her decades of experience in Catholic education to guide teachers back to the joy at the heart of their vocation. With Scripture, guided prayer, reflection questions, journal prompts, practical exercises, and Ignatian spiritual practices, this pocket retreat is designed to fit into the rhythm of a busy educator's life. Whether used in faculty retreats, school leadership formation, diocesan professional development, or for personal renewal, this book is sure to become a constant companion for educators called to teach in Christ's name.
Author Bios:	Denise Ball, EdD, is a Catholic educator, speaker, and retired assistant superintendent with nearly three decades of experience serving schools, teachers, and families. Rooted in Ignatian spirituality and passionate about supporting educators, she writes and speaks on faith formation, leadership, spiritual renewal, and educator well-being. <i>The Four Pillars of Joy for Catholic Educators</i> reflects her

commitment to helping educators rediscover joy, purpose,
and God's presence in their vocation.

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