



New Book "This I Know" by Anthony P. Carter Explores Faith, Purpose, and Leadership, With Foreword by Denzel Washington

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FOR IMMEDIATE RELEASE

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CHICAGO, January 27, 2026 -- Loyola Press will release *This I Know: Principles for a Life of Faith and Optimism* by Anthony P. Carter on February 10, 2026. In the book, Carter shares a deeply personal account of a life shaped by faith, resilience, and purpose. From the streets of the South Bronx to leadership roles in Fortune 100 companies, he reflects on the challenges and convictions of a Black Catholic leader navigating race, identity, and belonging in America. Formed by a Jesuit education and grounded in a lifelong devotion to God, Carter blends personal storytelling with spiritual insight and hard-earned perspective on leadership and service.

The book offers a candid exploration of faith, leadership, and belonging, including:

- A firsthand account of navigating race and identity in corporate America
- Reflections shaped by Jesuit formation and enduring faith
- Lessons on leadership rooted in dignity, courage, and compassion
- A moving foreword by Academy Award-winning actor and lifelong friend Denzel Washington

Carter says, “Those who are touched by the Spirit know their mission and then pursue their mission with everything they have. I’ve poured all of who I am into this compact book of experiences that have shaped who I am.”

Early praise for *This I Know* highlights the book’s resonance across faith, education, and cultural leadership. Tania Tetlow, president of Fordham University, says, “Anthony Carter tells the story of his remarkable life with humility and wonder that has lessons for us all,” and Dr. Ansel Augustine, D.Min. adds, “... *This I Know* is a masterpiece on the journey of African Diaspora people through the Catholic Faith.”

This I Know will be officially released on February 10, 2026 and is available for pre-order now.

To schedule an interview with Anthony P. Carter, request a review copy, or learn more about the book, please contact Mary Alice Howard, Social Media and Publicity Specialist – publicist@loyolapress.com.

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About the Author

Anthony P. Carter is a retired corporate executive, award-winning diversity strategist, and lifelong Catholic. A devoted husband, father, and grandfather, he continues to mentor, volunteer, and share stories that uplift and unite.

About Loyola Press

Loyola Press embraces the Jesuit passion for helping people find God in all things. We continue the Jesuit tradition of excellence and service by providing inspiring content for children and adults and by being people for others.

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This I Know: Principles for a Life of Faith and Optimism

by Anthony P. Carter

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